

What is Prayer?

Prayer can be ...
Taking time to look out a window
And marvel at the grass, trees, and sunshine.

Prayer can be...
Lying in bed, "daydreaming" of
How your life's goals might
Be accomplished.

Prayer can be...
Talking to yourself
As you plan your day
While driving in your car.

Prayer can be...
Singing in the school choir
Every morning
Or listening to "clean" music.

Prayer can be...
Being all alone,
Realizing your past mistakes,
And crying out to the night.

Prayer can be...
Thinking of someone
Who has fewer things to
Praise God for than you.

Prayer should be on your lips
Always, in any conversation.

Prayer is not always
The words that are said,
But the thoughts that are
Thought when you speak
Or are spoken to.

Prayer is constant and eternal
Like God's love.

*(Many times you are praying
Without even realizing it!)*